



# Teen Health Questionnaire

*Office Use Only*

VFC: [ ] V02 -- MDD  
 [ ] V03 -- No Ins  
 [ ] V04 -- Native  
 [ ] V07 -- AVAP

INSURANCE:

Copay / Co-ins \_\_\_\_\_

Statement Balance \_\_\_\_\_

**Note that "well child visits"** are a form of preventative medicine, meant to catch any potential problems in a child's physical or developmental health. Each exam is tailored to the child's age, and may include necessary immunizations, vision, hearing, and developmental screenings. *If your child requires significant medical intervention or you request noteworthy management changes to existing chronic problems during this appointment, this may go above and beyond a preventative exam and may be coded and billed accordingly with your insurance, in which case your financial responsibility may also change.*

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WT: \_\_\_\_\_ kg

WT: \_\_\_\_\_ lb

HT: \_\_\_\_\_

Temp: \_\_\_\_\_

Resp: \_\_\_\_\_

Pulse: \_\_\_\_\_

Oxygen: \_\_\_\_\_

BP: \_\_\_\_\_

Vision: L \_\_\_\_\_

R \_\_\_\_\_

**Child's Name:** \_\_\_\_\_ **Birth Date:** \_\_\_\_\_

Who is your child's primary care physician? \_\_\_\_\_

Do you have any concerns about your child today? \_\_\_\_\_

Does your child have any allergies to medicines, foods, latex, etc.? Yes / No. Which ones? \_\_\_\_\_

Has your child had any difficulty with past immunizations? Yes / No. If yes, which ones? \_\_\_\_\_

Has your child had any surgeries? Yes / No. If yes, describe: \_\_\_\_\_

Does your child have any chronic medical problems? \_\_\_\_\_

Is your child on any medicine/ vitamins? Yes / No. Which ones/dose? \_\_\_\_\_

**Nutrition:**

(Circle): Whole milk 2% 1% Skim Soy Other: \_\_\_\_\_ | How many total ounces of **milk** does your child consume per day? \_\_\_\_\_

If 8 oz yogurt, or 1½ oz cheese equal 1 serving of dairy, how many total servings of dairy products does your child consume each day? \_\_\_\_\_ # of meals / day \_\_\_\_\_ # of snacks / day \_\_\_\_\_

Does your child eat a reasonable amount and variety of table foods? Yes / No.

Does your child eat any of the following (please circle): Cereal | Vegetables | Fruits | Meat | Pasta | Fish

Circle your child's water supply source: City Bottled Well.

How many ounces of juice, soda and other sugar-sweetened beverages does your child consume each day? \_\_\_\_\_

**Sleep and Elimination:**

How many hours straight does your child sleep at night? \_\_\_\_\_

Does your child have any problems with: Sleep? Yes / No. Urinating? Yes / No. Stooling? Yes / No # of stools / day \_\_\_\_\_

**Education/Activities:**

Which school does your child attend? \_\_\_\_\_

Grade Level: \_\_\_\_\_ Academic performance: \_\_\_\_\_

Behavior: \_\_\_\_\_ Teacher feedback: \_\_\_\_\_

Is your child in any special education classes or programs? Please specify: \_\_\_\_\_

Is your child in any therapies? Please specify: \_\_\_\_\_

Extracurricular activities: \_\_\_\_\_

Hobbies/ Interests: \_\_\_\_\_

How much vigorous physical exercise does your child get each day? \_\_\_\_\_

**Social:**

Any changes in your child's environment? (new home, pets, daycare, etc.) \_\_\_\_\_

Is this child yours by: \_\_\_ birth \_\_\_ adoption \_\_\_ marriage (stepchild) other \_\_\_\_\_

Who lives in the household with the child? (Please list for all households if more than one) **Name, Relationship, Age -**

Marital status of Parents: \_\_\_ married \_\_\_ unmarried \_\_\_ separated \_\_\_ divorced \_\_\_ living together \_\_\_ other: \_\_\_\_\_

Does this child live with you full-time? \_\_\_ Other? (Please describe) \_\_\_\_\_

Who is the primary caretaker in the home? \_\_\_\_\_

Does anyone in the household smoke (inside or outside)? Yes / No. If yes, who? \_\_\_\_\_

Is Mom working? Yes / No. Full time / Part Time Occupation/place of work: \_\_\_\_\_

Is Dad working? Yes / No. Full time / Part Time Occupation/place of work: \_\_\_\_\_



Do you have any pets in your home? Yes / No. Which kind/how many? \_\_\_\_\_  
Any food allergies in your family? Yes / No. If yes, who and to what? \_\_\_\_\_  
Any seasonal allergies or asthma in your family? Yes / No. If yes, who and to what? \_\_\_\_\_  
Name of dentist: \_\_\_\_\_  
Name of eye doctor: \_\_\_\_\_

The following questions are asked to assess any risk factors that may interfere with participation in PE/sports and camp.  
Please answer them even if your child is not participating.

**Has your child ever:**

- Broken any bones? Yes / No. If yes, which one(s) and at what age? \_\_\_\_\_
- Passed out? Yes / No.
- Had a seizure or convulsion? Yes / No.
- Had a head injury / concussion? Yes / No.
- Had numbness, tingling or weakness in the arms or legs after an injury? Yes / No.
- Been hospitalized overnight? Yes / No.
- Had wheezing, asthma, shortness of breath, or used an inhaler? Yes / No.
- Coughed with exercise? Yes / No.
- Complained of chest pain with exercise that interfered with activity? Yes / No.
- Had a racing heart or skipped heartbeats? Yes / No.
- Had severe, frequent headaches with exercise? Yes / No.
- Had severe, recurrent muscle cramps while exercising? Yes / No.
- Expressed concern about his/her weight? Yes / No.
- Been denied participation in sports by a doctor for any reason? Yes / No.

Has anyone in your child's family died of heart problems or a sudden death before age 50? Yes / No. If yes, please list the relationship of the family member to the child: \_\_\_\_\_

**FOR GIRLS ONLY:**

My periods started when I was \_\_\_\_\_ years old.  
Last period was: \_\_\_\_\_  
Any concerns? \_\_\_\_\_

This form completed by: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_ Today's Date \_\_\_\_\_